

Department:

College Preparation

Course Description:

The purpose of this course is to make students aware of the variety of careers related to sports and fitness. The course will provide students a realistic look at personal abilities, level of commitment, and work ethic. The course will examine various sports and fitness careers as well as preparation, expectations, and employment opportunities. Guest speakers currently engaged in sports or fitness careers will also provide information and insight. The focus of the course is to help students make an informed choice and develop a plan to achieve personal goals in a sports or fitness career.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Identify and describe at least five specific sports career options.
2. Describe key functions, expectations, and required training for each of those options.
3. Complete a self-assessment of attitudes, habits, and abilities.
4. Complete a self-analysis of his or her suitability for the desired career choice and document average salary.
5. Identify primary components of a portfolio and collect materials from this course to retain in the portfolio.
6. Document at least ten journal entries related to the course and sports careers.
7. Communicate effectively in class discussions, writing assignments, and test responses.

Course Schedule:

- A. Performance
- B. Coaching and officiating
- C. Marketing, management, and facilities
- D. Communication
- E. Sports health and medicine
- F. Sports engineering
- G. Sports entrepreneurship
- H. Sports retail
- I. Teaching
- J. Organizations and governance
- K. Developing a plan

Learning Assessments:

Students will be evaluated by assignments, quizzes, participation, and a final project related to the course competencies.

Instructional Materials:

Textbook: The Comprehensive Guide to Careers in Sports, First Ed., Glenn M. Wong, Jones and Bartlett, 2008. ISBN-10: 0763728845

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

On-Campus Students: At enrollment, any on campus student may complete a form that will allow them to self-identify any disability.

Off-Campus Regional Students: Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor, preferably prior to the first class meeting.

Online Students: Self-identify your disability and accommodation needs by contacting the Disabilities Coordinator. Students must provide their own programs to allow accessibility on their home computer.

Any student may also identify their disability by completing an online form located on the HCC homepage under Students Services/Resources/Disabilities. Questions should be directed to the Disabilities Coordinator.