

Department:

Early Childhood

Course Description:

This course will examine types of bullying and consequences for bullying behaviors. The course will cover the dynamics of bullying behaviors and the roles of targets, bullies, and witnesses. Emphasis will be placed on intervention strategies for dealing with bullying behaviors, as well as strategies to prevent bullying behaviors. This course is instructor-led and interactive through discussions and assignments in course discussion boards.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Identify and describe the types of bullying behaviors.
2. Describe the consequences associated with bullying behaviors.
3. Explain the dynamics of bullying behaviors and describe the roles of targets, bullies, and witnesses.
4. Describe intervention strategies to deal with bullying behaviors.
5. Describe strategies to prevent bullying behaviors.

Course Content:

- A. Understanding the Problem
 1. Defining Bullying
 2. Dr. Eron Study
 3. Bullying Behaviors Among U.S. Youth Study
 4. Teasing and Bullying
 5. Bullying Laws
- B. Dynamics of Behaviors
 1. Bullies
 2. Targets
 3. Witnesses
 4. Teachers as Bullies
- C. Types of Bullying
 1. Physical
 2. Verbal
 3. Emotional
 4. Sexual
 5. Cyber
- D. Recognizing the Cycle of Violence
 1. The Dynamics of Pain, Rage, and Revenge

2. The Fish Hook
- E. Strategies for Dealing with Bullying Behaviors
 1. Strategies for Parents
 2. Strategies for Schools
 3. Strategies for Students
 4. Helping Students Make Amends
- F. Social Emotional Learning and Bullying Prevention
 1. Social Awareness
 2. Relationship Skills
 3. Responsible Decision-Making
 4. Instructional Strategies that Promote Social and Emotional Learning
 5. School and Family Partnerships to Enhance Social and Emotional Learning
 6. Specific Strategies for Family Involvement at Home and School
- G. Early Childhood Prevention Strategies
 1. Helping Children Develop Social Problem-Solving Skills
 2. Helping Children Develop Empathy
 3. Helping Children Develop Assertiveness Skills

Learning Assessments:

Course competencies will be assessed by use of discussions, discussion board posts, written assignments, pre-test and post-test.

Instructional Materials:

Online instructional materials will be provided by the instructor.

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" at this link:

<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.