

Department:

Practical Nursing

Course Description:

This course provides orientation to the program and promotes student success. Students are introduced to the student role, end-of-program student learning outcomes, college and program resources, learning and learning styles, test taking strategies, use of credible resources, wellness, and self-care strategies.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Examine the student role in the PN program.
2. Discuss end-of-program student learning outcomes.
3. Explore resources for students in the PN program.
4. Develop learning strategies unique to student's learning style.
5. Examine various test-taking strategies.
6. Discuss wellness and self-care strategies.
7. Design a self-care and wellness plan to promote success in the program.
8. Evaluate reference materials for credibility as it relates to the role of the student practical nurse.

Course Content:

- A. Role of the PN Student
 1. Define the role of the PN student.
 2. Review PN student guidelines and expectations of performance.
 3. Explore grading and progression guidelines.
 4. Discuss End-of-Program Student Learning Outcomes
- B. HCC Student Resources
 1. Discuss HCC library resources.
 2. Explore student services including financial aid and academic counseling and guidance.
 3. Define the role of PN faculty.
- C. Learning Styles
 1. Identify personal learning style.
 2. Explore learning strategies unique to preferred learning style.
 3. Implement appropriate learning strategies.
 4. Design personal learning plan.
- D. Test Taking Strategies
 1. Examine various test taking strategies.
 2. Develop a personal plan for practicing NCLEX-style questions.
 3. Define high stakes testing.
 4. Discuss the implications of high stakes testing.
- E. Wellness and Self-Care

1. Define wellness and self-care.
 2. Discuss barriers to maintaining a healthy lifestyle
 3. Explore strategies to promote a healthy lifestyle including nutrition and exercise.
 4. Identify actual and potential stressors for students.
 5. List the negative effects of drugs, alcohol, and smoking.
 6. Identify local medical services providers.
 7. Design a personal plan for maintaining health and wellness.
 8. Develop a personal schedule that supports a balance of school and life responsibilities.
- F. Credible Resources
1. Discuss the importance of using appropriate and reputable resources.
 2. Define academic integrity.
 3. Perform a search for credible reference materials.
 4. Outline the characteristics reputable resources.

Learning Assessments:

Course competencies will be evaluated by the use of tests, quizzes, worksheets, reflection assignments, nursing journal reviews, library research, and individual projects.

Grading Scale:

A	94-100%
B	87-93%
C	80-86%
D	73-79% Unsatisfactory
F	0-72%

Students must pass PN Success with a **minimum** grade of 80%.

Instructional Materials:

Textbook: None required for this course.

On-line Resource: ATI Complete Package

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" on our [Disability Services website](#).

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.

A Note on Harassment, Discrimination and Sexual Misconduct

Highland Community College seeks to assure all community members learn and work in a welcoming and inclusive environment. Title VII, Title IX, and College policy prohibit harassment, discrimination and sexual misconduct. Highland Community College encourages anyone experiencing harassment, discrimination or sexual misconduct to talk to report to the Vice President for Student Services, the Human Resources Director or complete an [online report](#) about what happened so that they can get the support they need and Highland Community College can respond appropriately.

There are both confidential and non-confidential resources and reporting options available to you. Highland Community College is legally obligated to respond to reports of sexual misconduct, and therefore we cannot guarantee the confidentiality of a report, unless made to a confidential resource. Responses may vary from support services to formal investigations. As a faculty member, I am required to report incidents of sexual misconduct and thus cannot guarantee confidentiality. I must provide our Title IX coordinator with relevant details such as the names of those involved in the incident. For more information about policies and resources or reporting options, please review our [Equity Grievance Policy](#).