

## Department:

Health Sciences

## Course Description:

This course is based on the Kansas Department for Aging and Disability Services (KDADS) Certified Nurse Aide Curriculum Guidelines (90 Hours) and prepares individuals to take the State certification exam. The course focuses on the responsibilities of the nurse aide working as a member of the health team in caring for residents of long term care facilities. The course includes basic anatomy and physiology, communication skills, measurement of vital signs, and procedures to help meet the hygiene, nutrition, and rehabilitation needs of older individuals. Students who successfully complete this course and pass the State exam will be qualified to become a practicing Kansas Certified Nurse Aide (CNA).

## Course Competencies:

Upon completion of the course, the student should be able to meet the objectives listed in the KDADS Certified Nurse Aide Curriculum for each of the following topics:

1. Working in an Adult Care Home
2. Basic Communication Skills
3. Communicating with the Confused Resident
4. Principles of Body Mechanics
5. Safe Use of Mechanical Devices
6. Infection Prevention and Control
7. Basic Nursing Care: The Resident's Unit
8. Observing and Measuring Vital Signs
9. Safety
10. Cleanliness and Grooming
11. Nutrition and Fluids
12. Elimination
13. Basic Human Needs
14. Possible Losses Due to Aging
15. Caring for the Confused or Withdrawn Resident
16. Sexuality in Aging
17. Caring for the Dying Resident
18. Physical Changes Accompanying Aging
19. Complications of Immobility and Prevention
20. Rehabilitative/Restorative Care
21. Special Procedures
22. Urinary Elimination
23. Bowel Elimination

- 24. Observing, Recording and Reporting
- 25. The Resident's Care Plan
- 26. Admitting or Discharging a Resident
- 27. First Aid in the Adult Care Home
- 28. Fire Prevention and Safety: Tornado Preparedness

### Course Content:

- A. Working in an Adult Care Home
- B. Basic Communication Skills
- C. Communicating with the Confused Resident
- D. Principles of Body Mechanics
- E. Safe Use of Mechanical Devices
- F. Infection Prevention and Control
- G. Basic Nursing Care: The Resident's Unit
- H. Observing and Measuring Vital Signs
- I. Safety
- J. Cleanliness and Grooming
- K. Nutrition and Fluids
- L. Elimination
- M. Basic Human Needs
- N. Possible Losses Due to Aging
- O. Caring for the Confused or Withdrawn Resident
- P. Sexuality in Aging
- Q. Caring for the Dying Resident
- R. Physical Changes Accompanying Aging
- S. Complications of Immobility and Prevention
- T. Rehabilitative/Restorative Care
- U. Special Procedures
- V. Urinary Elimination
- W. Bowel Elimination
- X. Observing, Recording and Reporting
- Y. The Resident's Care Plan
- Z. Admitting or Discharging a Resident
- AA. First Aid in the Adult Care Home
- BB. Fire Prevention and Safety: Tornado Preparedness
- CC. Kansas Adult Care Home Regulations

### Learning Assessments:

Course competencies will be assessed by class participation, homework assignments, practice and performance of skills in the clinical setting, exams, and care skills competency demonstrations.

State Examination information: The competency in the training of nurse aides is measured through the State written/oral examination, which is given at an independent site at the

completion of the training course. Anyone who successfully completes this course is eligible to take the written/oral examination consisting of 100 multiple choice items. The exam has a two-hour time limit and requires a score of at least 75% to pass.

### Instructional Materials:

KDADS Certified Nurse Aide Curriculum Guidelines  
Mosby's Textbook for Nursing Assistants, Sorrentino, 8th Ed., Elsevier.

#### **Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" at this link:  
<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.