

Department:

Physical Education

Course Description:

This course introduces the general concepts of rules and officiating in football and volleyball. The course will include a brief history of the rules as well as fundamental officiating techniques.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Summarize the rules of football and volleyball.
2. Demonstrate the officiating signals used in football and volleyball.
3. Describe the historical development of football and volleyball and explain how changes have led to rules modifications.
4. Describe the regulations governing officials at various levels of competition.
5. State and defend opinions on proposed rule changes.

Course Content:

- A. Rules in Football
 1. History and trends
 2. Levels of competition
 3. Current rules and proposed changes
- B. Officiating Football
 1. History
 2. Governing body
 3. Signals
- C. Rules in Volleyball
 1. History and trends
 2. Levels of competition
 3. Current rules and proposed changes
- D. Officiating Volleyball
 1. History
 2. Governing body
 3. Signals

Learning Assessments:

Course competencies will be assessed by written papers, class participation, and exams.

Instructional Materials:

NCAA Football Rules and Interpretations
NCAA Women's Volleyball Rules and Interpretations
Videos

Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the "Disabilities Self-Identification Form" on our [Disability Services website](#).

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.

A Note on Harassment, Discrimination and Sexual Misconduct

Highland Community College seeks to assure all community members learn and work in a welcoming and inclusive environment. Title VII, Title IX, and College policy prohibit harassment, discrimination and sexual misconduct. Highland Community College encourages anyone experiencing harassment, discrimination or sexual misconduct to talk to report to the Vice President for Student Services, the Human Resources Director or complete an [online report](#) about what happened so that they can get the support they need and Highland Community College can respond appropriately.

There are both confidential and non-confidential resources and reporting options available to you. Highland Community College is legally obligated to respond to reports of sexual misconduct, and therefore we cannot guarantee the confidentiality of a report, unless made to a confidential resource. Responses may vary from support services to formal investigations. As a faculty member, I am required to report incidents of sexual misconduct and thus cannot guarantee confidentiality. I must provide our Title IX coordinator with relevant details such as the names of those involved in the incident. For more information about policies and resources or reporting options, please review our [Equity Grievance Policy](#).