



# Highland Community College Course Syllabus

## 1. Course

- a. PE 143 - Introduction to Athletic Training I
- b. Prerequisites: PE 224 Care and Prevention of Athletic Injuries
- c. Credit Hours: 3
- d. Meeting Times: MWF 9:00-9:50 am.
- e. Location: YH 102

## 2. Course Description

This class is designed for an introduction to athletic training techniques for athletic trainers, physical therapists, pre-med majors and coaches. It covers in detail identification, anatomy of the lower extremities, common sports injuries, and a rehabilitation program of those injuries.

## 3. Course Competencies

- a. Identify basic anatomy of the lower extremities
- b. Determine the mechanisms of injuries
- c. Evaluation of athletic injuries of the lower extremities
- d. Recognize different types of athletic injuries that can occur to the lower extremities including signs and symptoms
- e. Immediate treatment of the injures
- f. Rehabilitation of injuries that occur to the lower extremities

## 4. Instructional Materials

- a. Arnheim, Daniel D. and Prentice, W. Principles of Athletic Training, Tenth Edition. Mosby Year Book, St. Louis, 2000
- b. Supplemental Handouts

## 5. Assessment Procedures

- a. Written examinations (4 tests worth 100 pts. each)
- b. Oral practical (100 pts)
- c. Comprehensive Final Exam (200 pts)
- d. Unannounced Quizzes (5-20 pts. each up to 100 pts)
- e. Presentations (100 pts)
- f. Paper (100 pts)

Grading = A= 90-100% B= 80-90% C= 70-80% D= 60-70% F= 0-60%

Excuses for missing a test must be cleared PRIOR to the test. If you miss a test and it was not excused by the instructor, you will not be allowed to make up the test. You will be excused from class for: college sponsored events and family emergencies.

Cheating on test and quizzes is not tolerated. If you are caught cheating you will automatically fail this class and it will be taking up with the appropriate administration with HCC!

**Attendance:** Attendance is the student's responsibility. You are expected to be in class in

order to participate, be a part of discussions, earn your grade, and to understand materials and assignments. If you have extenuating circumstances, please contact an instructor **before** class.

**HCC Attendance Policy**

- Students who do not attend at least one session of each course for which they are enrolled, by the end of the second week, will automatically be dropped from that course.
- Students may be dropped from a course when they are failing the class AND have absences totaling 20% of the class. The following guidelines will be observed. 20% of this PE 143, 3 credit hour class would be 9 hours.
- Absences due to College sponsored activities will not be counted in the 20%. No absence, whatever the reason, relieves the student of responsibility for completing all work assigned. If you are involved in a College sponsored activity it is your responsibility, not your sponsor or coaches, to let us know you will not be in class. Assignments for classes you will miss are due before the class you will not be attending.

**Academic Integrity:** Highland Community College faculty and students have the responsibility to maintain high academic standards. Academic dishonesty by students, which is not limited to cheating, fabrication, plagiarism, or facilitation of academic work, are reasons for proper disciplinary action. Students should submit their own academic work. Faculty should not facilitate or leave unreported academic dishonesty by the student.

Academic integrity means that you complete your own work, you do not let someone else do it for you, do not lend someone your papers or homework, you site research information you have located and do not share that with others. Students are expected to know of and use proper citation procedures in all written work. Failure to do this is termed plagiarism

<p><b>Examples of dishonesty:</b></p> <ul style="list-style-type: none"> <li>- Sharing a one page homework assignment-cheating.</li> <li>- Turning in similar budget plan projects-plagiarism.</li> <li>- Having another person write your assignments-facilitation.</li> <li>- Denying involvement in cheating-facilitation and/or plagiarism.</li> </ul>	<p><b>Consequences:</b></p> <ul style="list-style-type: none"> <li>- Both students receive zero points for the assignment.</li> <li>- Dropped from the course.</li> <li>- Student receives a zero.</li> <li>- Dropped from the course.</li> </ul> <p>(Not all acts of academic dishonesty can be anticipated and this list is not all inclusive).</p>
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If the student is dropped from the course, a grade of “W” will appear on the academic transcript. In all cases of academic dishonesty, the instructor will visit with the student about the event and the punishment to be invoked. When the instructor feel it’s necessary to remove a student from their class, a drop/add form will be completed and forwarded to the chief academic officer along with an explanation of the event.

The student may appeal the decision of the instructor to the chief academic officer. Thereafter, the student or instructor may appeal the decision of the chief academic officer to the President of Highland Community College. The President’s decision will be final.

**Classroom Disruptions:** No acts of disruption in the classroom will be tolerated at Highland Community College. If a student is being disruptive, they are violating the rights of others to an educational atmosphere, interfering with the operations of the College, and/or being insubordinate to College authorities.

<p><b>Examples of disruption class:</b></p> <ul style="list-style-type: none"> <li>- Embarrassing, harassing, threatening, or demeaning another student or making the student uncomfortable.</li> </ul>	<p><b>Consequences:</b></p> <ul style="list-style-type: none"> <li>- 1<sup>st</sup> offense, dropped from class.</li> </ul>
<ul style="list-style-type: none"> <li>- Doing homework for another class, during class.</li> <li>- Talking to your neighbor during class.</li> <li>- Wearing headphones during class.</li> <li>- Receiving/making a cell phone call during class.</li> <li>- Leaving early.</li> <li>- Gesturing to someone in the hall outside of class.</li> </ul>	<ul style="list-style-type: none"> <li>- 1<sup>st</sup> offense, asked to quit the disruption.</li> <li>- 2<sup>nd</sup> offense, asked to leave class and assignment returned no score.</li> <li>- 3<sup>rd</sup> offense, dropped from class.</li> </ul> <p>(Not all acts of disruption can be anticipated and this list is not all inclusive).</p>

A student causing a classroom disruption and dropped from class will receive a grade of “W” on their academic transcript.

The student is encouraged to discuss the situation with the instructor before the next class session.

The student may appeal the decision of the instructor to the chief student services officer. Thereafter, the student may appeal the decision of the chief student services officer to the President of Highland Community College. The President’s decision is final.

**Guidelines for Requesting Accommodation Based on Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested

accommodation can be considered and, if warranted, arranged.

*On-Campus Students:* At enrollment all on campus students will complete a form which will allow them to self-identify any disability. Questions should be directed to the Disabilities Coordinator.

*Off-Campus Regional Students:* Self-identify your disability and accommodation needs with the Regional Coordinator and/or instructor preferably prior to the first night of class or early in the semester.