

**Department:**

Physical Education

**Course Description:**

This course covers basic techniques for coaching the fundamentals of hitting, fielding, and throwing relative to baseball positions. The course will also focus on coaching players both individually and as a team.

**Course Competencies:**

Upon completion of the course, the student should be able to:

1. Explain and demonstrate proper techniques in hitting, pitching, and fielding.
2. Explain the basic purpose, rules, strategies, and goals of the game of baseball.
3. Apply and coach the fundamentals of baseball in a game or practice setting.
4. Describe common errors in playing baseball and explain how to correct them.
5. Explain and demonstrate proper conditioning and strength training techniques.
6. Keep accurate statistics for baseball games.

**Course Content:**

- A. Coaching Fundamentals and Skills
  1. Hitting
  2. Fielding
  3. Throwing
  4. Recording Statistics
- B. Coaching Foundation
  1. Developing Coaching Philosophy
  2. Communicating Your Approach
  3. Building a Successful Program
- C. Coaching Games
  1. Preparing for Games
  2. Handling Game Situations
- D. Coaching Evaluation
  1. Evaluating Your Players
  2. Evaluating Your Program

**Learning Assessments:**

Course competencies will be assessed by class participation, exams, and a coaching project.

## Instructional Materials:

Coaching Baseball Successfully, Curran, Newhan, Lopez, Human Kinetics, 2007.  
ISBN-10: 0-7360-6520-2

### **Guidelines for Requesting Accommodations Based on Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the “Disabilities Self-Identification Form” on our [Disability Services website](#).

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.

### **A Note on Harassment, Discrimination and Sexual Misconduct**

Highland Community College seeks to assure all community members learn and work in a welcoming and inclusive environment. Title VII, Title IX, and College policy prohibit harassment, discrimination and sexual misconduct. Highland Community College encourages anyone experiencing harassment, discrimination or sexual misconduct to talk to report to the Vice President for Student Services, the Human Resources Director or complete an [online report](#) about what happened so that they can get the support they need and Highland Community College can respond appropriately.

There are both confidential and non-confidential resources and reporting options available to you. Highland Community College is legally obligated to respond to reports of sexual misconduct, and therefore we cannot guarantee the confidentiality of a report, unless made to a confidential resource. Responses may vary from support services to formal investigations. As a faculty member, I am required to report incidents of sexual misconduct and thus cannot guarantee confidentiality. I must provide our Title IX coordinator with relevant details such as the names of those involved in the incident. For more information about policies and resources or reporting options, please review our [Equity Grievance Policy](#).