

Department:

Sociology

Course Description:

This course will provide an introduction to the basic theories, models, and strategies in crisis intervention when working with individuals, families, and communities. The course will also focus on the integration of ethics and cultural sensitivity strategies in crisis intervention.

Course Competencies:

Upon completion of the course, the student should be able to:

1. Summarize the basic theories of crisis and crisis intervention.
2. Explain the typologies of crisis.
3. Describe risk and protective factors associated with crisis and crisis response.
4. Apply skills and techniques used in crisis intervention.
5. Describe and apply professional ethics and standards related to crisis intervention.
6. Describe potential multicultural issues and explain how to achieve cultural sensitivity in crisis intervention situations.
7. Identify stressors and concerns in crisis situations and self care as it relates to the professional.

Course Content:

- A. Background and Theories of Crisis
- B. Nature and Types of Crisis
- C. Psychosocial Responses to Crisis
- D. Intervention Strategies and Models
- E. Ethical Obligations
- F. Issues of Diversity and Culturally Sensitive Practice
- G. Compassion Fatigue and Self Care

Learning Assessments:

Course competencies will be assessed by quizzes, written assignments, group work, oral reports, role-play activities, exams, research assignments, and reflection papers.

Instructional Materials:

Crisis Intervention Strategies, James, Gilliland, 7th Ed., Brooks/Cole, 2013.
ISBN-10: 1111186774 ISBN-13: 978-1111186777

**Guidelines for Requesting Accommodations Based on
Documented Disability or Medical Condition**

It is the intention of Highland Community College to work toward full compliance with the Americans with Disabilities Act, to make instructional programs accessible to all people, and to provide reasonable accommodations according to the law.

Students should understand that it is their responsibility to self-identify their need(s) for accommodation and that they must provide current, comprehensive diagnosis of a specific disability or medical condition from a qualified professional in order to receive services. Documentation must include specific recommendations for accommodation(s). Documentation should be provided in a timely manner prior to or early in the semester so that the requested accommodation can be considered and, if warranted, arranged.

In order to begin the process all students **must** complete the “Disabilities Self-Identification Form” at this link:

<https://highlandcc.edu/pages/disability-services>.

This form can also be accessed at the Highland Community College homepage under Students Services/Student Resources/Disability Service or by contacting the Disabilities Coordinator.